Annual Medical Examination form for USMTA competitors

Please book a medical examination with your doctor and bring this form, printed, with you to your appointment. For enquiries contact: usmtainc@gmail.com

Please return all pages of the completed form as a scanned PDF (along with a copy of your blood test results, if their interpretation is included) to: usmtainc@gmail.com

Competitor Name: _____

Medical ID Number *(NHS/CHI Registration number)*: _____

Date of birth: _____

Telephone number: _____

Email address: _____

Postal address: _____

Name of Examining Doctor: _____

Qualifications: _____

Doctor Registration Number: _____

Practice address: _____

Telephone number: _____

Email address: _____

PAST MEDICAL HISTORY

Any hospital admission for medical or surgical reasons? **Yes** ☐ **No** ☐

Date	Summary	Current Status
General Notes		

Allergies? **Yes ☐** **No ☐**

Allergen	Reaction	Hospitalisation	Treatment
General Notes			

Medications? **Yes ☐** **No ☐**

Name	Dose/Frequency	Reason
General Notes		

Has anyone in the family died below the age of 40 due to a heart condition? **Yes ☐** **No ☐**

Relative	Summary of medical conditions	Age of Death
General Notes		

Examination normal? **Yes ☐** **No ☐**

Height (cm)	Weight (kg)	Heart Rate	Systolic BP	Diastolic BP

Additional weight information as reported by fighter: **Yes ☐** **No ☐**

Normal/Walk around weight (kg)	
Weight category for competition (kg/lbs)	

EYES

Pupil: reacting to light Right: **Yes ☐** **No ☐**

Comments if No...	

Pupil: reacting to light Left: **Yes ☐** **No ☐**

Comments if No...	

Fundi: Right normal? **Yes ☐** **No ☐**

Comments if No...	

Fundi: Left normal? **Yes ☐** **No ☐**

Comments if No...	

Visual acuity Right: ____ /6 **Visual acuity Left: ____ /6**

EARS/NOSE/THROAT

Tympanic Membrane Right normal? **Yes ☐** **No ☐**

Comments if No...	

Tympanic Membrane Left normal? **Yes ☐** **No ☐**

Comments if No...	

Hearing: Right normal? **Yes ☐** **No ☐**

Comments if No...	

Hearing: Left normal? **Yes ☐** **No ☐**

Comments if No...	

Teeth: Note condition: Normal? **Yes ☐** **No ☐**

Comments if No...	

NECK

Movements full and pain free? **Yes ☐** **No ☐**

Comments if No...	

CHEST

Rib cage normal? **Yes ☐** **No ☐**

Comments if No...	

Lungs normal? **Yes ☐** **No ☐**

Comments if No...	

Heart Sound: Regular? **Yes ☐** **No ☐**

Comments if No...	

Murmurs? **Yes ☐** **No ☐**

Comments	

Apex: Mid clavicular line 5th intercostal space? **Yes ☐** **No ☐**

Comments if No...	

ABDOMEN

Scars? **Yes ☐** **No ☐**

Comments If Yes	

Enlarged liver or spleen ? **Yes ☐** **No ☐**

Comments If Yes	

BACK

Is movement of the back normal? **Yes ☐** **No ☐**

Comments If No	

LIMBS

Are movements of the limbs normal? **Yes ☐** **No ☐**

Comments If No	

Hands and wrists normal? **Yes ☐** **No ☐**

Comments If No	

NERVOUS SYSTEM

Any tremor ? **Yes ☐** **No ☐**

Comments If Yes	

Romberg test + ? **Yes ☐** **No ☐**

Comments If Yes	

Coordination normal? **Yes ☐** **No ☐**

Comments If Yes	

BLOOD TEST RESULTS

***tick here if NOT interpreting blood test results ☐**

NOTE TO DOCTOR: Please counsel all competitors prior to arranging phlebotomy.
Interpretation must be accompanied by copies of laboratory results sent back with this form.

HEPATITIS B Neg. surface antigen (HBsAg) test required	To be valid, sample must be dated within the 6 months prior to competition	
Date of sample:		**Clear from infection? Yes ☐ No ☐**

HEPATITIS C	To be valid, sample must be dated within the 6 months prior to competition	
Date of sample:		**Clear from infection? Yes ☐ No ☐**

HIV Must inc. p24 antigen and HIV 1+2 antibodies	To be valid, sample must be dated within the 6 months prior to competition	
Date of sample:		**Clear from infection? Yes ☐ No ☐**

CONCLUSION

I confirm that there are no problems found as specified in this medical examination:

Yes ☐ **No ☐**

Signed (Doctor): _____

Print name: _____

Date of examination: _____